

Dr. Shekila Melchior

Connection.
Liberation.
Healing.



Keynote Speaker, Trainer &
Workshop Presenter



Highlighted Presentations

- “It Only Takes One: The Power of Connection”
- “A Liberation & Somatic Approach to Reentry”
- “Wellness as a Form of Resistance”
- “Trauma Informed Education & Social Justice”
- “Dismantling Racism in K-12 Schools”
- “Healing Racialized Trauma”

**Please reach out for additional topics*

Reach Out for More Information

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Consulting & Coaching

- Strategic planning in DEI Initiatives
- Fostering an Inclusive Workplace
- Climate Assessment & Evaluations
- Internal DEI Audit
- Development and creation of an inclusive wellness plan in an organization

Therapeutic Services

- Individual and Group Therapy
- Somatic Experiencing
- **Speciality areas:** *Depression&Anxiety, Trauma, Stress, Relationship issues, Women’s issues, Adolescents, Healing Racialized Trauma*